



Faith Exercised

Putting Your Faith Into Action

“Learning How to Pray - #1”

Luke 11:1-10



1. Is there a certain “formula” that I must use in prayer?

Lord’s Prayer:

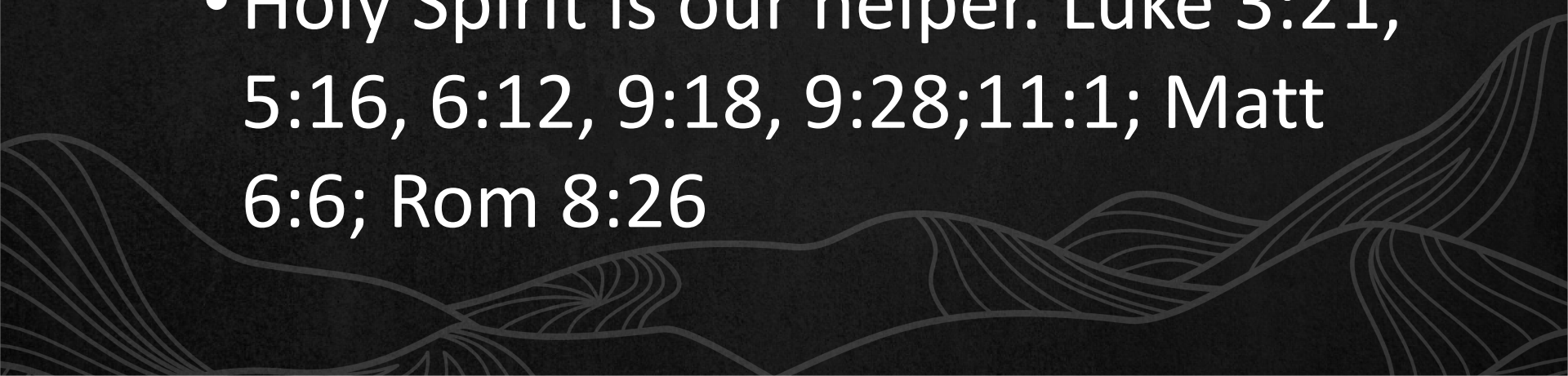
1. Simple, short.
2. Sections/categories in Jesus’ prayer:
 1. **Adoration**, praise, thanks. V2
 2. **Confession**. (moved to #2)
 3. **Surrender** - “Your kingdom come, your will ...”
 4. **Asks** – daily “bread” [daily needs].
 5. **Protection**.




2. Prayer is something you do.

A. Hands on, personal engagement with God. Like exercise – just spiritual not physical.

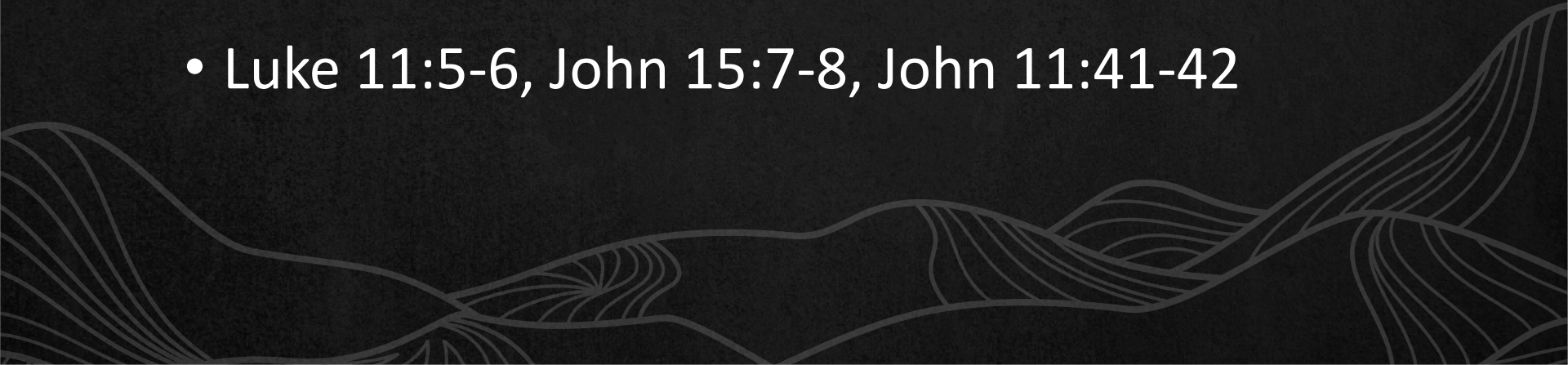
B. Jesus is our model.

- Holy Spirit is our helper. Luke 3:21, 5:16, 6:12, 9:18, 9:28;11:1; Matt 6:6; Rom 8:26
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3. Prayer has a purpose – to reveal God. We must make prayer specific or it will not reveal when God answers our prayers.

A. We give him the opportunity when we are “specific” in our prayers.

- Matt 6:8;
 - Luke 11:5-6, John 15:7-8, John 11:41-42
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Prayer must be specific and its “target” identifiable.



3. Prayer is like a personal conversation with a member of my family who listens and can help to move mountains.

A. Member of my family.

1. Father. NT – Mark 14:36, Rom 8:15-16, Gal 4:6

B. Preexisting personal relationship established by having believed in Jesus.

1. “Father” – name reserved for believers in Jesus.

C. Faith is essential. Jesus is our reason for boldness and confidence. Heb 11:6; 4:14-16

A. Christianity vs Islam.



Next Steps

A. 20 in 24

- Take 20 minutes a day to read the Bible and pray in 2024. Think of words/verse that reverere the Father.

B. Develop a habit of “abiding prayer moments” – specific for your life:

- On way to work or school., pray daily for _____.
- Folding laundry – pray for the person whose clothes folding.
- Drinking water – ask God to make Jesus living water in your life.
- Sitting in class – when your teacher walks in let him/her be a reminder to pray for your parents. Thank God for them.