



# Matthew 6:1-18

A Godly View:

1. In Giving
2. In Praying
3. In Fasting

# Heart Fun Facts (Healthline)

- ▶ Pump around 2000 Gallons of blood a day
- ▶ Beats around 115,000 times a day
- ▶ Dying from a broken heart is possible in rare cases

# Sermon on the Mount

- ▶ Comprised from Matthew 5-7
- ▶ Name from Matthew 5:1-2
- ▶ Jesus is speaking to His disciples with the crowds gathered around Him

# Main Idea

- ▶ Jesus speaks to us to bring us to a more wholehearted relationship with God

# 1. A Godly view of Giving

- ▶ Matthew 6:1-4
- ▶ The prideful giver versus the humble giver

# Saint Nicholas



## 2. A Godly view of Prayer

- ▶ Matthew 6:5-15
- ▶ Right place/ right time?
- ▶ The Lord's Prayer; an example to follow

# 3. A Godly view of Fasting

- ▶ Matthew 6:16-18



# Application

# Christians need to be careful not to cultivate the "image" of righteousness

- ▶ Romans 3:12
- ▶ Legalism

# These acts of worship are assumed and not suggested

- ▶ Jesus says "When" and not  
"If"

# Where is your heart?

- ▶ Reevaluate priorities?
- ▶ Or..
- ▶ Complete heart change?